

Atmananda 29 Oct 1994

Excerpts from Swamiji's talk

Our Master has said, "Sing the Name of God." It's a medicine, but don't wait to be sick. Vaccinate yourself with singing in anticipation. The Name of God pulverizes mountains of sin, but don't wait for sin to come. Take the Name of God, let a drop of that bliss elixir fall on you, purify you, bliss you out. Once you are here you forget the travail of the world, the hard labour of your coming. Once you are here, sit quiet. Be drunk, O mind, be drunk with the wine of heavenly bliss! So take the Name of God by force. ...

...The Lord of karma is waiting. how loose is your hand when you work? Too tight! Loosen yourself in your heart, let God work with you, don't be too tight...

Every pleasure has its pain, which is inevitable. That's the law, the law of perfection. It's very necessary to live, to breathe, to think, to speak, to regulate, to control, to be detached, to be loving. Everything in time....

When work is finished, appreciate the outside. See the leaves, how beautiful, it's nature, colossal, infinite. In God's work there is perfection... Everything about creation is right. Autumn comes, the leaves fall, and the wind blows them. Your work also should be perfect, and not only your work, Everything should be perfect about you. Whatever your dharma is, your work is, it should be perfect. Be ye perfect as your Father. Learn from life, from nature, from pain....

The law of perfection, work, nature... When work is finished you appreciate the colours of nature and learn from it. Knowledge is true, the *jnanis* will attain also, but the *jnani* has to read. What I am saying is the word of experience. This is my reading.

Now you have to take the Name of God, which is the vital point, the basic foundation when you come here. The purpose of your visit, beside seeing Michael, was starvation, your soul's starvation. Souls are unitedly one in reality. That's why I can understand your spiritual starvation, bait you with a cup of tea, varieties of cake, dishes to your liking.

God is in the picture, but to us He is everywhere, and He is in you, and you are more important in one way because you are alive. One day you will not be able to come here, my friends, you will be tangled in karma, in bad luck.

Sing the Name of God, chant with consciousness, *Sambhu*, *Sambhu*. Dilate the soul, melt down with the cobra kundalini. Those who have realized that - are they fools? Is Ramakrishna a fool? Is Jesus a fool? God comes down in the earthplane and sings and dances. Like a band of minstrels they come out and go as quickly as they come. So this is the medicine of your life. You come here to be vaccinated, to breathe, to sing with us.

God is in His Name. It is the very medicine you have come for. Yet you are not taking it, you are still sitting in the doctor's waitingroom when the doctor has said, "Your turn now!" Keep calling, keep taking His Name and He will come for you. It's not for a show, it's for the purpose of sacrifice. ...

Knowledge is another path. You may not be enlightened, have no love, but you have knowledge. And faith. Faith is the root. You men of the world, wake up to all this. Knowledge is an alternative path for those who cannot sing, who cannot roll on the ground for God.

So, this is the medicine. You have come to take the medicine. When I see this not happening I have to go round, individually, I have to say, "Sing! Take it again! It's very important for your life, for your soul, for your daily future life to come." For you are the future living ones, you are the forward-looking pensioners. Of course you are! If you want to live as a good pensioner, and enjoy your pension without being harrassed and disturbed, take this medicine, it will help you. Take it, even in a joke.

Unitedly we stand. If you separate from me you will fall. Therefore, remember, God is in his Name. I have come without music but this is my harp. I am harping that God is in His Name. God is in His Name. Take the Name of God, it is the medicine for your future blunders, mistakes, forgetfulness, ignorance....

Free will is a loose rope of waiting. Every action has a reaction. It will come. The caress will be distorted. The body has been misused. You are born weak. So please, take the Name, pray for others, sing for others, worship for others, bow for others. It's very vitally important. I am belching practice. Say, "Lord have mercy, Lord have mercy, Lord have mercy. On me."

So please, please listen to me when I say, "Sing." It's soul-thrilling to hear groups of devotees singing the Name of God. Heaven opens up, Heaven can't resist it. ... Calling on Shambhu without taking sense-delight - where is darkness there, where is pain? Pain is ignored. Sickness is ignored. Merging in light, everything becomes light.

Therefore I am telling you - if I don't take too much of your time, I know this is a tedious lecture, but this is medicine - call on the Name of God, sing. All right, if you haven't done anything, go and listen to someone singing! God is in His name, God is in the string, God is in the instrument, God is in you, and you are God also, believe it. God has made you do it, with such love, don't deny it, his love, his light, his companionship. Pain, go away! Back off!

Let Mahayogini sing "Amen", it was a request from Jesus himself. When two or three are gathered - look at how that flower and leaf fell down, it's very auspicious, that. If a leaf fell down in a temple on your head... "Not a leaf fall without..." And one fell down behind your wife [Nita] when I said Jesus himself requested that. You can't explain a lot of things.

Swamiji organizes dance and procession with candles:

"Walk in your own consciousness. Walk in your own light. Light and love, light and love, light and love... When you meet each other - 'Light and love!'...Whoever has a candle, stand on the table, follow the light. Everything has to be perfect. Make a tunnel, make everything in line... Wave your own light, your own Ramakrishna...*True Love!*... Look at your brethren with the word Ramakrishna, look at each other...'Take my pain! Lord have mercy! Take my pain!'...Look at each other, turn to each other, 'Pure love. Let there be light'....

We come here to reunite in bhajan, to listen to kirtan and absorb like blotting paper, we come here to be soaked in bhajan. There are those who have realized by singing - no lecture, no composition - but they have become the song, it's an act of faith and love. Now we are adult and responsible for our children, but today we are the children, we are the unlit candles that have come to be lit. We want everything to be lit and celebrated for oncoming Deepavali, the festival of light, of Lakshmi Narayan.

You need to be practical without me. Do something. Read GSR, read the songs of GSR. Every song has got full realization. You are supposed to be singers, following the singers' path of practice. We are not condemning, we are exposing truth, practice and reality. It's up to you,

friends. Think of the Most High. Love is a magnet, it's self-attracting. As soon as love is lit in you, so many individuals will be attracted.

Breathe reality. You have to be practical, so take delight in those who have sung - Mahayogini Tryambaka, Hari Om, Gayatri. And be very careful for others. A devotee is most careful for others. Let the songs become our breath, our harmony, the composition of what we want to be. There must be concentration, self-effort, determination, tough and strong. God has given so much talent to a person – when he abuses his talent then misery comes to cloud and veil. God gives so many gifts. When a man doesn't apply them, then clouds come and veil them. Remember what I said.

This practice of remembering and thinking of God is a natural bliss attained without any desire for attaining bliss, as when a flower opens and bees come of their own accord. A lot of things happen of their own accord. God is not affected by good and bad, pleasure and pain, vagaries or not. "Take Thy purity and impurity, give me pure love." So He comes of His own accord to claim you, because you are heirs of Him, part and parcel eternally. He doesn't want to lose His children, His very own.

The minute you feel God is your very own, the system of law changes for you alone. You don't have to knock to enter your own house, you can go anywhere. There is a bit of allowance even in the senses. Man is born of flesh. The flesh is always against the spirit. So we are weak, but we want to be strong.

The holy man is the gatekeeper of bliss, light and darkness. When he sees you're not ready it's "No entry". When he sees you are ready he closes his eyes and the gate opens by itself. You're sucked into the vacuum, by your own accord you are attracted. When the flower is ready the bees come, when the sun is out the flower turns towards it. So when you're ready your heart, your mind turn to God. Knowledge is God. But Sat Chit Ananda is the alternative route for the fallen...

Love is blind. Develop spontaneous love. Distribute, give it to each other. Let love mature; it's immature now. Let your mind go up to God like incense, fragrant. May I be strong in experiencing the bliss within and without. This is the prayer.